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Two days of festivals for all tastes

page 9



COAST WITH THE MOST: Jill Quinn, Cynthia Maxwell-Smith and Lona Turvey, all of Triabunna, get ready for the Seafest.

Picture: NIKKI DAVIS-JONES

TIM MARTAIN

TASMANIA'S East Coast will be the hub of much activity this weekend, with three big events celebrating everything from food and wine to fishing and France.

The annual Seafest centres on the Triabunna Marina on Saturday and Sunday, incorporating the Triabunna game fishing competition and trade and boat shows. Visitors can sample local food and wine, watch jet ski races and enjoy a range of kids' activities.

The East Coast's strong links to the early French explorers who charted its

coastline are being celebrated during the From France to Freycinet festival, held at various locations from Buckland to Bicheno on Saturday and Sunday.

Highlights include the Virtuosi Tasmania Jazz Concert at the Milton Vineyard on Saturday at 11am; the PCYC Illuminated Beach Lantern Parade on Saturday from 6pm at Jubilee Beach, Swansea, including French-style food for sale; the Long Lunch on Sunday at The Village community centre in Triabunna from 10am to 2pm and a French Car Rally in Triabunna on Sunday.

The third big East Coast event is the Tour de Cure Signature Tour in Swansea on Saturday and Sunday, raising money for cancer research.

The Tour de Cure cyclists, riding from Sydney to Hobart, will be in Swansea on Saturday night, with a dinner hosted by the Swansea community at the Recreation Ground from 6pm.

On Sunday the riders begin the final leg of their journey to Hobart to raise funds for cancer research and support.

If all that sounds a little too tame you might want to get along to the final day of Sexpo at Princes Wharf No. 1.

It is the first time the

world's largest adult lifestyle show has visited Hobart.

Featuring guest performers from all forms of adult entertainment, Sexpo is a celebration of all things sexy and naughty.

Stalls and exhibits include everything from adult toys and lingerie to sexual health information and ideas for sexy holiday destinations.

The atmosphere is designed to be fun, not sleazy, so check it out if you're game.

Or, for a total change of pace, head to New Norfolk on Sunday for the annual Derwent Valley Autumn Festival, a huge free event that

takes over the streets and businesses of the town every year, with the main focus on the riverfront Esplanade.

This year's festival features about 600 entertainers across four stages, including bands, dancers, singers and choirs.

MONA is taking part, with its MoMa Minors Aboriginal cultural craft sessions giving children an opportunity to make twisted rope bracelets, fibre art, art kelp and learn about bush tucker.

Free parking is available, with a free shuttle bus service running all day from Tynwald Park to cater for the expected 15,000 festival visitors.